



## Monty Roberts Certified Instructor – Martina Höbling



Martina has been studying Monty Roberts' methods and horse behavior for over 15 years and has been around horses since she was twelve years old. When she first got in touch with Monty's book "Horse Sense and Healing" she was so fascinated by his methods, that she wanted to learn more about them. So in 2008 she visited Monty's farm for the first time to take part in the "Introductory Course". After working with several instructors from Denmark, Netherlands, Italy, Hungary, Germany, USA and Finland she became a certified Monty Roberts Instructor in 2015. In February/March 2017 she was head instructor at the Monty Roberts International Learning Center (MRILC/California at "Flag is Up Farms"). At that time she was

responsible for younger instructors-in-training, teaching students at the MRILC and training horses. Martina now teaches Monty's methods in Austria, where she organzied an unique educational demonstration with Monty Roberts at the Vienna Spanish Riding School last year (http://www.srs.at/en\_US/start-en/).

In addition Martina also has a qualification as Horse Assisted Educator® (horse-assisted coaching) and is sucessfully working as Horse Agility Accredited Trainer®. You can find some of her trainingsvideos at Monty Roberts Online University. (https://www.montyrobertsuniversity.com/library).

Her goal is, supporting people and horses creating healthy partnerships on a trust-based communication and to help humans to increase their understanding of the nature of the horse.

Central points of her work are:

- consistent, fair, transparent behavior towards the horse
- considering the individual personality of horses and humans
- "it is all about learning and not about teaching"
- perceptively introduce you to the world of horses (so that you can enjoy and benefit from the encounters with horses, even without having any prior experience with equines)
- mindfulness and appreciation for yourself and for each other, this includes a respectful connection to nature and to the horses, who help as partners and not as "tools" during the exercises

